

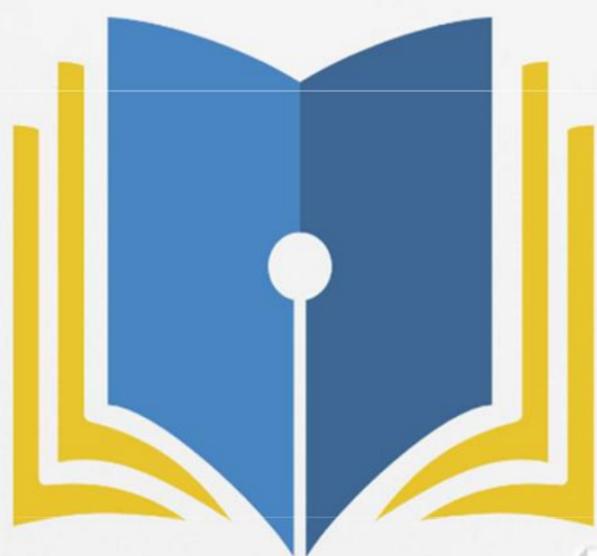


Chikitsak Samuha's  
Sir Sitaram & Lady Shantabai Patkar College of Arts & Science  
AND V.P.Varde College of Commerce & Economics  
S. V. ROAD, GOREGAON (WEST), MUMBAI-400 104  
(AN AUTONOMOUS COLLEGE AFFILIATED TO  
UNIVERSITY OF MUMBAI)  
"REACCREDITED WITH 'A+' GRADE BY NAAC (3RD  
CYCLE) ISO 9001: 2015, BEST COLLEGE OF 2016-17 , DBT  
STAR SCHEME AWARDEE"



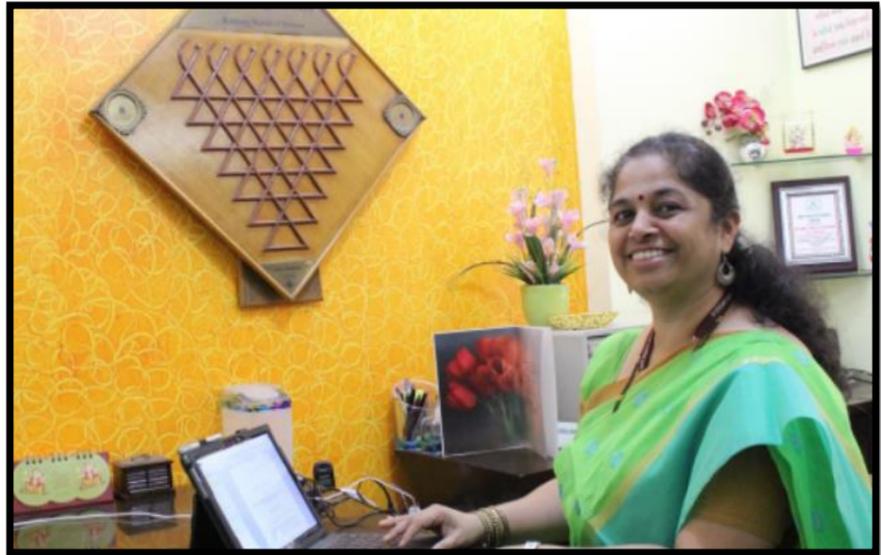
# WEEKEND CHRONICLE

WINDOW TO YOUR  
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B.M.S DEPARTMENT

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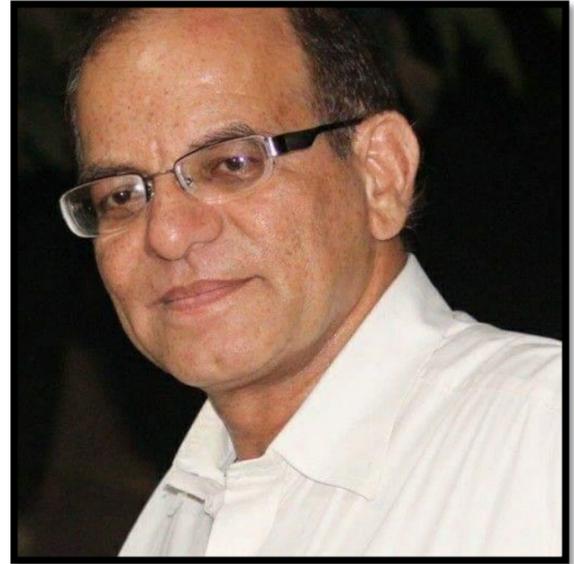
## A MESSAGE FROM CHIEF EDUCATION OFFICER'S DESK

**Dear Readers,**

**“Develop a passion for learning. If you do, you will never cease to grow.” We live today in a world that is so very different from the one we grew up in, the one we were educated in. The world today is moving at such an enhanced rate and we as educationalists need to cause and reflect on the entire system of education. On-line learning provides new age technology to widen the educational scope. It prepares students to succeed in an increasing technology driven global economy. Technology makes life much easier, most of all it saves time and energy. It is one of the fastest growing field right now and there is no sign of stopping anytime soon.**

**It is indeed a great moment for all of us to bring forth this weekly E-Periodical “Weekend Chronicle”. We are sure this E-Periodical will help to acquire knowledge and skills, build build character and enhance employability of our young talented students to become globally competent. There is something for everyone here, right from the fields of Business, Academics, Travel and Tourism, Science and technology, Media and lot more. The variety and creativity of the articles in E-Periodical will surely add on to the knowledge of the readers. I am sure that the positive attitude, hard work, continued efforts and innovative ideas exhibited by our students will surely stir the mind of the readers and take them to the fantastic world of joy and pleasure.**

**Dr. Mala Kharkar  
Chief Education Officer  
(Patkar-Varde College)**



## **A MESSAGE FROM THE PRINCIPAL'S DESK**

**Dear Readers,**

**As we know, "An Investment in knowledge pays the best interest."**

**Hence in this regard the E-Periodical Weekend Chronicle is playing a vital role in providing a platform to enhance the creative minds of our students of BMS Department.**

**The E-Periodical i.e online magazine drives us through varied genres containing- News related to Global affairs under departments like Business, Advertisement, IT and Science & Nature to intellectual news articles under Academics, Media and Library Departments. It also covers articles related to Food & Health care, Culture & Cuisine and Travel & Tourism which usually tops our "bucket lists" including article which address societal problems under Department of Social Issues. Lastly covering words and vision of our talented students as budding poets, writers and thinkers under Student's section Department.**

**Over all this vision of constructing E-Periodical by students will engage today's youth and the crafters of the youth (teachers) in their communities which is the necessity to over come hurdles of present reality. We will strive to make a better world through our acts and thoughts. Rather it is a challenge to be met!!!**

**Dr. Shrikant B Sawant  
Principal  
(Patkar-Varde College)**

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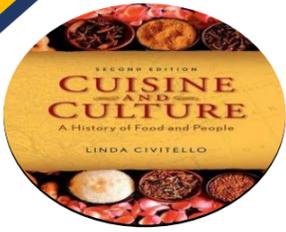
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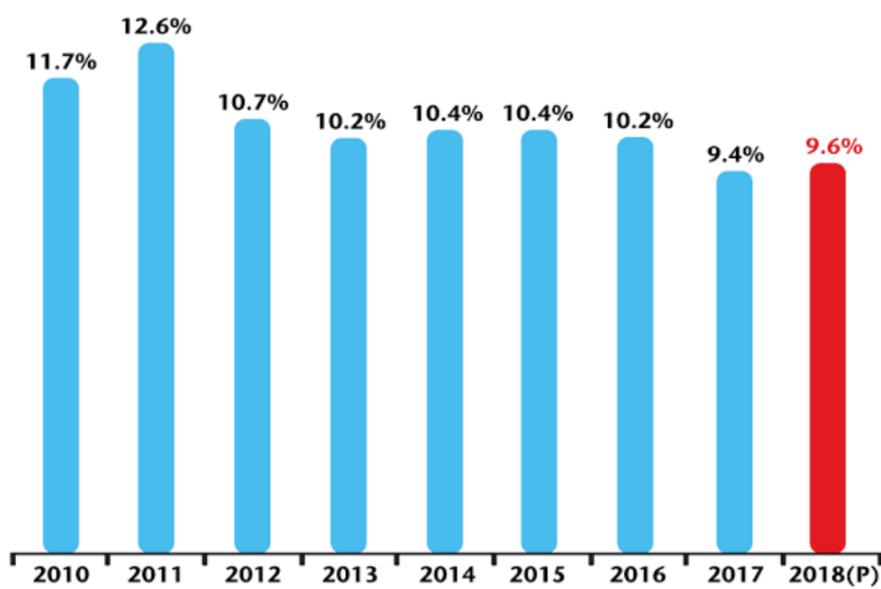
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**BUSINESS****India Inc to offer 7.7% average salary hike in 2021: Aon**

Global professional services firm Aon's 25th Annual Salary Increase Survey in India finds that companies in India are projecting a 7.7 per cent increase in average salary in the year 2021. This is up from the actual increase of 6.1 per cent in 2020. The survey, which analysed data across 1,200 companies from more than 20 industries, finds that while salary increments indicate strong recovery, the Code of Wages could be a gamechanger.

**Salary Increase Peaks are Now Getting Eroded**

Source: Aon Salary Increase Survey

Eighty-eight per cent of the surveyed companies reported that they intend to increase salaries in 2021, reflecting positive business sentiment. "There is a much higher percentage of companies projecting increments in the 5-10 per cent range as compared to 2020," the survey reveals.

Roopank Chaudhary, the partner in Aon's human capital business in India, said the highest-paying sectors in 2021 continue to be the ones from last year -- information technology, IT-enabled services, life sciences, e-commerce and fast-moving consumer goods.

Employees in e-comm, VC-backed companies are likely to get the highest average increment at 10.10 per cent, followed by hi-tech IT companies with 9.70 per cent. The IT-enabled companies are likely to give average increment at 8.8 per cent, followed by gaming or entertainment industry and chemicals at 8.10 per cent and 8 per cent, respectively.

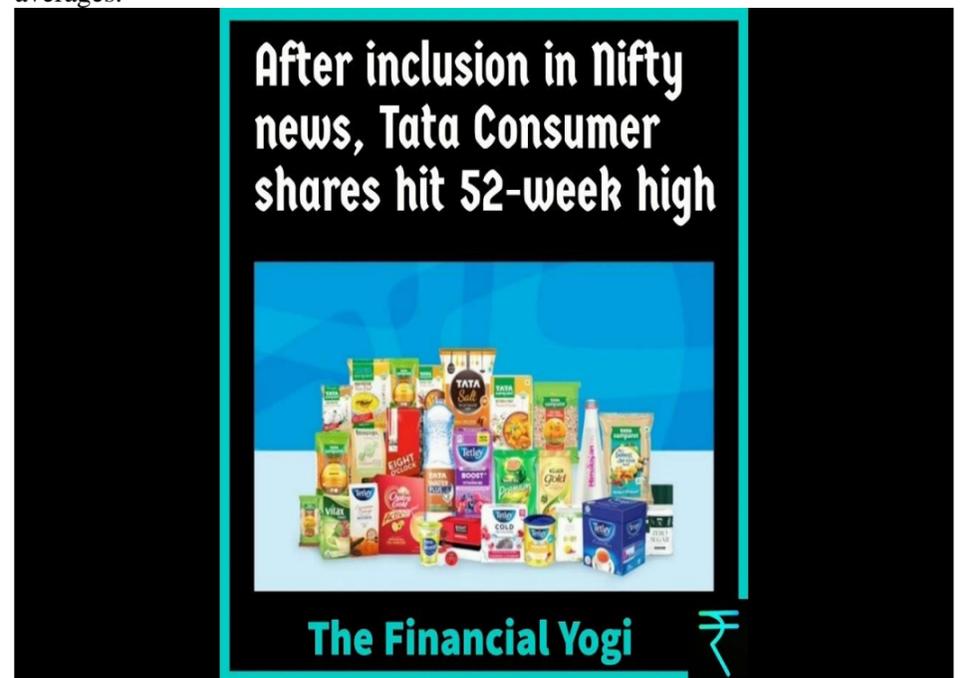
[https://m.businesstoday.in/story/india-inc-to-offer-77-average-salary-hike-in-2021-aon/1/432174.html?utm\\_source=whatsapp&utm\\_medium=WAP](https://m.businesstoday.in/story/india-inc-to-offer-77-average-salary-hike-in-2021-aon/1/432174.html?utm_source=whatsapp&utm_medium=WAP)

-Rohit pawar

**Tata Consumer share hits 52-week high as firm to replace GAIL on Nifty**

Tata Consumer Products share rose over 4% in early trade after NSE said the stock will replace GAIL India Ltd on the Nifty50 index from March 31. Stock of Tata Consumer Products hit a fresh 52 week high of Rs 652.85 rising 4.1% against previous close of Rs 627.50 on BSE.

The Tata group share has gained 3.29% in two days. The stock opened with a gain of 3.64% at Rs 654 today. Tata Consumer share is trading higher than 5 day, 20 day, 50 day, 100 day and 200 day moving averages.



The share has gained 71.63% in one year and risen 7.5% since the beginning of this year. Market cap of the firm rose to Rs 58,361 crore on BSE. The changes in index are part of a periodic review conducted by the Index Maintenance Sub-Committee, the National Stock Exchange said in a release.

Stocks in news: [Coal India](#), [Pfizer](#), [SBI Cards](#), [Tata Power](#), [NTPC](#), [UPL](#)

The Tata group company had reported a consolidated net profit of Rs 237 crore in October-December quarter, while its total income stood at Rs 3,089 crore. Meanwhile, Sensex traded 140 points higher at 49,895 and Nifty gained 40 points to trade at 14,750. Yesterday, Sensex ended 7 points higher at 49,751 and Nifty climbed 32 points to end at 14,707.

[https://m.businesstoday.in/story/tata-consumer-products-share-rises-gail-on-nifty/1/432177.html?utm\\_source=whatsapp&utm\\_medium=WAP](https://m.businesstoday.in/story/tata-consumer-products-share-rises-gail-on-nifty/1/432177.html?utm_source=whatsapp&utm_medium=WAP)

• Rohit pawar

**ADVERTSTIMENT****IPL 2021 : CRICKET AUSTRALIA LIMITS USE OF ITS PLAYERS FOR ADVERTISING DURING IPL.**

Among other restrictions, CA said not more than one player from a big bash league (BBL) side and a state team should be used in advertising campaigns...

February 23,2021



Cricket Australia (CA) doesn't want its player to feature in advertisements promoting betting, fast food, alcohol and tobacco brands during the next edition of Indian premier league. The 14<sup>th</sup> Indian premier league is scheduled to start in the second week of April and quite a few Australian cricketers, including big buys Glenn Maxwell and Jhye Richardson, are going to be part of the action.

According to cricbuzz.com, in a recent advisory to the all the IPL franchises the BCCL quoted Cricket Australia (CA) as saying, "A full team photo – for use only by the sponsors of the relevant IPL team in print media in India and any such photos should not involve or include the name or branding of a company primarily engaged in the business of alcohol, fast food/fast food restaurant, tobacco or betting."

**Link:**

<https://brandequity.economictimes.indiatimes.com/news/marketing/ipl-2021-cricket-australia-limits-use-of-its-players-for-advertising-during-ipl/81164773>

**Source: ET Brand Equity**

**: BHAKTI MHATRE**

**CENTER FRUIT ROLLS OUT CHEERFUL NEW COMMUNICATION.**

Center Fruit, the chewing gum brand from Perfetti Van Melle India, has rolled out a quirky new campaign which embodies the brand's purpose of mood upliftment. The campaign is based on the insight that people have unavoidable moments of boredom in daily life, and an occasional mood upliftment in such moments goes a long way to cheer them up. Conceptualised by Ogilvy India, the ad film weaves the brand proposition in a similar slice-of-life scenario – an ordinary teenage grandson, who works with his grandfather in his ancestral tailor shop. The protagonist is bored out of his wits and unable to hide it. But as soon as he pops a Center Fruit chewing gum in his mouth, the boy takes over from his grandfather and completes the arduous task of noting down measurements in the most unconventional way. He puts on his dancing shoes and shows his best Salsa moves while involving the pretty lady, who is also extremely bored of the old tailor, who took forever to take her measurements.

Reference link :-

<https://brandequity.economictimes.indiatimes.com/news/advertising/center-fruit-rolls-out-cheerful-new-communication/81167720>

Video link:-

<https://youtu.be/tj7VpbbOgTw>

**TIJA CHAVAN**

**AUTOMAKERS TWEAK ADVERTISEMENT STRATEGY TO FOCUS ON TECH FEATURES.**

NEW DELHI: Kia Motors, MG Motor and other new entrants in India's automobile market are pushing leading players such as Maruti Suzuki India Ltd, Tata Motors Ltd and Hyundai Motor India Ltd to adapt their advertising strategies to showcase the latest technologies and innovative features in their new vehicles.



Through these efforts, the companies are seeking to get top-of-mind recall of millennials who are demanding such tech-enabled features. These include automatic transmission, remote controlling of the car, voice commands, app-related convenience and location-based services.

New entrants have redefined the concept of 'value' in auto industry which translates to connectedness and technology innovation. It is different from the classic definition of value such as more space and fuel efficiency

In fact, connectedness and technology has become a hygiene feature especially after pandemic which has made technology a more integral part of our life and mobility will also have to live up to that. The likes of Kia Motors and Tesla's focus on the India market is further pushing the existing players to offer more advanced tech benefits.

**Link :**

<https://www.livemint.com/industry/advertising/maruti-hyundai-tata-motors-tweak-ad-strategy-to-focus-on-tech-features-11613994209676.html>

**Source : Livemint**

**NONTOBEKO SHEZI**

## INFORMATION & TECHNOLOGY

### WHY GERMANY IS SAYING WILLKOMMEN TO INDIAN IT COMPANIES

#### DEALS FROM GERMANY FOR IT FIRMS BETWEEN NOVEMBER 2020 AND FEBRUARY 2021

IT firm	German firm	Value of the deal
Wipro	Telefónica	NA
Wipro	Metro AG	\$700 million
Infosys	Daimler	Over \$1 billion
TCS	Deutsche Bank – Postbank Systems	450 million Euros
Tech Mahindra	Telefónica	NA

Source: Company reports, Kotak Institutional Equities



Willkommen, in German, means ‘Welcome’. For big Indian IT firms like TCS, Infosys and Wipro, it has been raining large deals from Germany over the last few months. While the increased demand for digital is driving growth, the need for locals and German labor laws could present challenges, say experts. Since the onset of COVID-19, Indian IT firms have won major deals in the region. According to Mrinal Rai, Principal Analyst, ISG, an IT advisory firm, deals worth about \$14.7 billion were signed in the last six months, with annualized contracts value (ACV) of about \$3 billion. Significant contracts include Infosys’ Daimler contract, Wipro’s \$700 million contract with Metro AG, where it took over the latter’s IT unit, and TCS’ taking over of the IT arm of Deutsche Bank. The trend of IT firms taking over clients’ IT units and captive centres is hardly new, especially during a crisis.

For instance, TCS took over CitiGroup’s captive BPO, now renamed eServe, during the global financial crisis. Wipro bought Citi Technology Services Ltd, the technology arm of Citigroup, in the same period. Cognizant acquired the captive center of Swiss firm UBS in October 2009. At the back of COVID-19, a similar trend followed, with Germany being the focus. Phil Fersht, CEO, HFS Research, an analyst firm, said that while Germany is the fourth-largest economy, its leading enterprises have not outsourced heavily until the pandemic. This rising interest in outsourcing is driven mainly by three factors. Following COVID-19, when German companies had to cut costs and improve operational efficiency, they turned to Indian IT firms for help.

Rai further explained that while Indian IT firms are making headway in capturing the German industries through offerings in the areas of Artificial Intelligence (AI), Machine Language (ML) and intelligent business automation, they face stiff competition from local AI startups and global firms.

Ajay Lovekar

(Newscaster)

Ref: <https://www.moneycontrol.com/news/business/why-germany-is-saying-willkommen-to-indian-it-companies-6566061.html>

### 36 HOURS OF ORDER: GOVT IN DRAFT DIGITAL, OTT PLATFORM RULES



The central government has finalized the rules to regulate internet-based businesses and organizations – social media companies, OTT streaming services, and digital news outlets, among others – as it plans to introduce a sea change in legislation to assert more control over powerful Big Tech firms. Under the new Information Technology (Guidelines for Intermediaries and Digital Media Ethics Code) Rules, 2021, the government plans to mandate social media companies like Facebook and Twitter to erase contentious content as early as possible, but not later than 36 hours, after a government or legal order. These companies must also provide information and help with investigations within 72 hours of a request from authorities, said the draft rules, a copy of which News18.com has reviewed.

Further, if a post depicts an individual in any sexual act or conduct, then companies must disable or remove such content within a day of receiving a complaint, the rules added. The latest draft rules – which would be legally enforceable – have been released weeks after the government’s dispute with Twitter after the social media giant ignored orders to remove content over farmers’ protests. The new guidelines will supersede the 2011 rules, and government sources said that since the changes are only in the rules, and not the IT Act, Parliament intervention will not be required. The draft proposal also requires companies to appoint a chief compliance officer, another executive for coordinating on law enforcement, and a “grievance redressal officer” within 3 months from the date of publication of these rules. All must be resident Indian citizens.

A copy of the draft rules, set to be released by IT Minister Ravi Shankar Prasad and Information and Broadcasting Minister Prakash Javadekar, has been put out by the Internet Freedom Foundation (IFF). The oversight mechanism will include a committee with representatives from the ministries of Defence, External Affairs, Home, I&B, Law, IT and Women and Child Development.

Ajay Lovekar

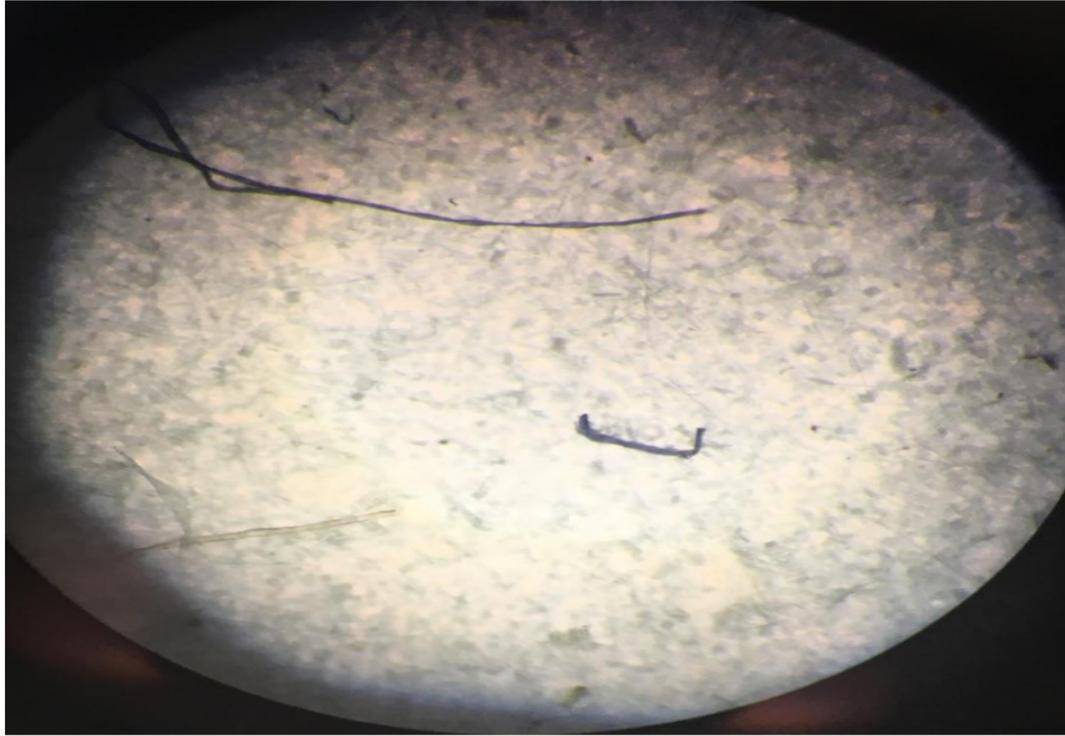
(Newscaster)

Ref: <https://www.news18.com/news/india/social-media-platforms-must-remove-content-in-36-hours-of-order-says-govt-in-new-norms-for-digital-streaming-content-3472673.html>

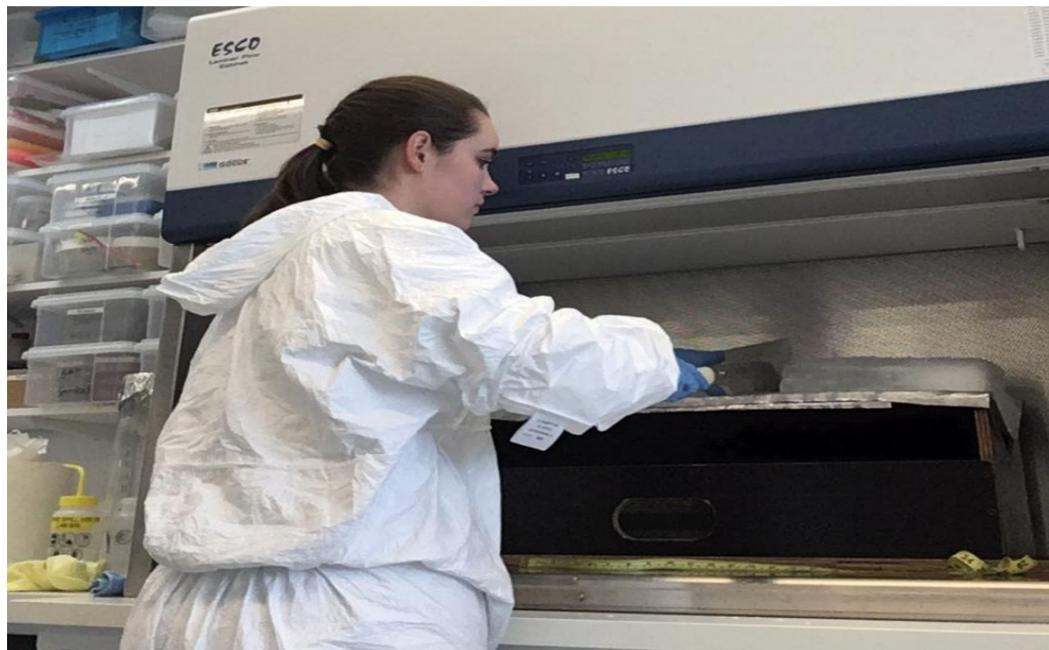
**SCIENCE & SPACE****MICROPLASTIC POLLUTION RECORDED FOR FIRST TIME IN ANTARCTIC SEA ICE**

Microplastic contamination has been identified in Antarctic sea ice by an IMAS-led research team, including researchers from the Australian Antarctic Division. Published in the journal *Marine Pollution Bulletin*, the new study analysed an ice core collected in East Antarctica in 2009 and identified 96 microplastic particles from 14 different types of polymer (pictured, right).

IMAS student and lead author Anna Kelly (pictured, below, with ice core) said plastic pollution has previously been recorded in Antarctic surface waters and sediments as well as in Arctic sea ice, but this is thought to be the first time plastic has been found in Antarctic sea ice.



“The remoteness of the Southern Ocean has not been enough to protect it from plastic pollution, which is now pervasive across the world’s oceans,” Ms Kelly said.



“Forming from seawater, around 80 percent of Antarctic sea ice melts and reforms each year, providing seasonal opportunities for microplastics on the sea surface to become trapped in the ice.

“The ice core we analysed was from coastal land-fast sea ice and averaged almost 12-particles of microplastic per litre.

“While this concentration is lower than that found in some Arctic sea ice samples, the 14 different polymer types we identified is only slightly less than the 17 found in Arctic studies.

“The microplastic polymers in our ice core were larger than those in the Arctic, which may indicate local pollution sources because the plastic has less time to breakdown into smaller fibres than if transported long distances on ocean currents.

“Local sources could include clothing and equipment used by tourists and researchers, while the fact that we also identified fibres of varnish and plastics commonly used in the fishing industry suggests a maritime source,” she said.

Ms Kelly said the study’s findings indicate sea ice has the potential to be a significant reservoir for microplastic pollution in the Southern Ocean.

“Rather than sinking to the deep ocean, the entrapment of microplastics in Antarctic sea ice allows them to persist for longer near the sea surface.

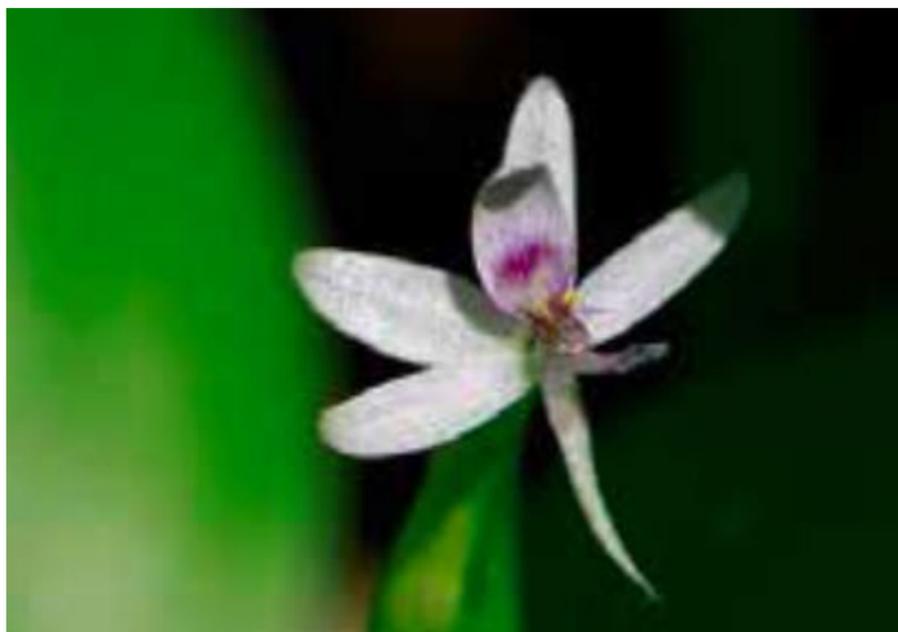
“This would make them more available for consumption by marine organisms such as krill, a keystone species in Southern Ocean ecosystems, and consequently marine predators higher up the food chain.

“It is worth noting that plastic contamination of West Antarctic sea ice may be even greater than in our ice core from the East, as the Antarctic Peninsula hosts the bulk of the continent’s tourism, research stations and marine traffic,” Ms Kelly said.

*Mansi Parag Sikchi*  
(Newscaster)

## NATURE

### Botanist discovers new wildflower species native to Philly-area.



Few-flowered roundleaf mud-plantain tends to grow in wet soil or water. The few-flowered roundleaf mud-plantain, native to the Philadelphia area and South Jersey, is one of two new species identified by Newberry College botanist Dr. Charles Horn.

A South Carolina researcher has identified a new species of wildflower that is native to Southeastern Pennsylvania and South Jersey.

Charles Horn, a professor of biology at Newberry College, called the discovery an insight into what had previously been considered part of a larger group of mud-plantains. His findings were published in a recent edition of the Journal of the Botanical Research Institute of Texas.

Horn described two new species that stemmed from his research, both roundleaf mud-plantains. The first, with blue flowers, is called the Missouri roundleaf mud-plantain. It's native to the southern Great Plains and found in Missouri, Kansas and Nebraska.

<https://www.phillyvoice.com/wildflower-species-philly-native-botany-newberry-horn-bouquet-mud-plantain/>

*Nesica Dsouza*

### The Mammals of the World

Mammals are vertebrates within the class Mammalia which have a neocortex (i.e., higher brain functions), hair, three middle ear bones, and mammary glands



**Monotremes Mammals: Platypus**

This type of mammals lay eggs, and the offsprings come out from the hatched eggs. These are the ancient form of mammals, and even today, these mammals do exist. The babies feed on mother's milk similar to any other mammals. Monotremes mammals belong to the Sub-class Prototheria. Platypus is an example of such type of specie. They are most commonly found in Australia.

**Placental Mammals: Giraffe**

This type of mammal constitutes a more significant chunk of mammals in the animal kingdom. The offsprings grow into a well-formed structure inside the mother's belly for a long time (time differs between size and shape of mammals) before the mother gives birth to them when ready. The baby in the womb gets the nourishment from the mother's diet via the umbilical cord (attached to the mother) inside the placenta (an organ where the baby grows). The placental mammals belong to the sub-class Eutheria. Giraffes are found only in sub-Saharan Africa.

**Myths about Mammals:**

Bulls charge when they see the colour red.

Bears hibernate in winter.

Bats love human hair.

Dogs and cats are colour-blind.

Link:

<https://www.bioexplorer.net/animals/mammals/#3 Placental Mammals>

*Bhumika Mhatre*

## RESEARCH

### GLOBAL EXTREME POVERTY

Most people in the world live in poverty. Two-thirds of the world population live on less than 10 \$-int per day. And every tenth person lives on less than 1.90 \$-int per day. Both can be seen in this visualization.



The research here is concerned with the living conditions of the worst off: those who live in extreme poverty. The World Bank is the main source for global information on extreme poverty today and it sets the ‘International Poverty Line’. The poverty line was revised in 2015—since then, a person is considered to be in extreme poverty if they live on less than 1.90 international dollars (int.-\$) per day. This poverty measurement is based on the monetary value of a person’s *consumption*. Income measures, on the other hand, are only used for countries in which reliable consumption measures are not available.

A key difficulty in measuring global poverty is that price levels are very different in different countries. For this reason, it is not sufficient to simply convert the consumption levels of people in different countries by the market exchange rate; it is additionally necessary to adjust for cross-country differences in purchasing power. This is done through Purchasing Power Parity adjustments (explained below).

It is important to emphasize that the International Poverty Line is extremely low. Indeed, ‘extreme poverty’ is an adequate term for those living under this low threshold. Focusing on extreme poverty is important precisely because it captures those most in need. However, it is also important to point out that living conditions well above the International Poverty Line can still be characterized by poverty and hardship. Accordingly, in this entry we will also discuss the global distribution of people below poverty lines that are higher than the International Poverty Line of 1.90 int.-\$. But relying only on higher poverty lines would mean that we are not keeping track of the very poorest people in the world and this is the focus of this entry.

Poverty is a concept intrinsically linked to welfare – and there are many ways in which one can try to measure welfare. In this entry we will focus mainly (though not exclusively) on poverty as measured by ‘monetized’ consumption and income, following the approach used by the World Bank. But before we present the evidence, the introductory sub-section here provides a brief overview of the relevance of this approach.

Global poverty is one of the very worst problems that the world faces today. The poorest in the world are often hungry, have much less access to education, regularly have no light at night, and suffer from much poorer health. To make progress against poverty is therefore one of the most urgent global goals.

The available long-run evidence shows that in the past, only a small elite enjoyed living conditions that would not be described as ‘extreme poverty’ today. But with the onset of industrialization and rising productivity, the share of people living in extreme poverty started to decrease. Accordingly, the share of people in extreme poverty has decreased continuously over the course of the last two centuries. This is surely one of the most remarkable achievements of humankind.

Closely linked to this improvement in material living conditions is the improvement of global health and the expansion of global education that we have seen over these last two centuries. We also discuss the link between education, health, and poverty in this entry.

During the first half of the last century, the growth of the world population caused the absolute number of extremely poor people in the world to increase, even though the share of people in extreme poverty was going down. After around 1970, the decrease in poverty rates became so steep that the absolute number of people living in extreme poverty started falling as well. This trend of decreasing poverty—both in absolute numbers and as a share of the world population—has been a constant during the last three decades. But as we highlight in the first section of this entry it is unfortunately not what we can expect for the coming decade. It is the fact that still almost every tenth person lives in extreme poverty and the slowing progress against extreme poverty that motivate this entry.

*Pooja Mishra*

Ref; <https://ourworldindata.org/extreme-poverty>

## ACADEMICS

**JOBS FOR ECONOMIC MAJORS**

[Jobs for economics majors](#) can range from financial analysts to market research analysts to actuaries. All of these are [fantastic career paths](#) for anyone who is analytical and has a good head for numbers and finance. Plus, economic majors are in demand more than ever. If you are considering a career path in economics, here are a few jobs for economics majors that are poised for quick growth.

**Actuary**

An actuary specializes in analyzing risk profiles. This involves determining the likelihood of an event happening and calculating the financial consequences of that event. They may also determine the likelihood of natural disasters, illnesses, accident deaths or business failures. Actuaries work for insurance companies, government agencies, consulting firms, and the HR department of large corporations

**Market Research Analyst**

Market research analysts are among the higher-paying jobs for economics majors. These specialists study stock markets worldwide and make predictions regarding how some stocks, bonds, and other investments may perform on the world economic stage. Market research analysts play a key role in keeping world economies going and making sure money is truly worth what it is supposed to be. This job requires expert math, reasoning analytical skills, and also the ability to work well under pressure.

**Auditor**

Auditors are employed by companies of all sizes, as well as by the government to find out where their money is going. They pour over the company's financial records to ensure they are legal and valid. They also go through financial transactions minutely to ensure that they are all processed and recorded accurately. In addition to auditing, auditors help companies boost their profit margins by recommending cost-saving and risk aversion measures.

**Lawyer**

Tax and business lawyers have a solid foundation in economics and accounting to do their jobs to the best of their abilities. Economics majors who have a flair for precise written work and are excellent communicators work well in this specialty. This field is not suitable for those who are shy or introverts by nature. In this role, you will be required to do more than just research and put together a case.

**Economic or Financial Consultant**

This is one of the top jobs for any economics major, and for a good reason. Economic or financial consultants are experts when it comes to giving clients sound financial advice. They tell their clients where to put their money and how to manage it for the best returns. Economic consultants work everywhere, from finance to economic and consumer law, and may even get top jobs with various government agencies.

*Sanjeet Bhelekar*  
(NEWSCASTER)

Ref :- [www.collegeraptor.com](http://www.collegeraptor.com)

**FINDING INSPIRATION IN EDUCATION**

For Karissa French, Medicine Class of 2017, and her family, education is a lifeline amid the damaging ripple effects of residential schools, substance abuse and inequality.

Watching her parents return to school as mature students – overcoming personal challenges and eventually earning their master's degrees – served as tremendous inspiration for the young aspiring physician. "I was able to see how education can turn someone's life around," she said. "My parents always wanted me to focus on education. And if you're told you can do it, you just try for it."

Born in Calgary, French lived in Kamloops, Montreal and Ottawa during her childhood and teenage years. Her mother is part of the Shuswap First Nation and her father is from the Nazko First Nation. Both Indigenous communities are located in the Interior of British Columbia.

With a keen interest in science, French pursued a bachelor of science degree in forensics and biochemistry at the University of Windsor.

During her studies, she completed a forensic toxicology placement at a medical examiner's office in Oakland County, Detroit – an experience that inspired her to consider a career in medicine.

"I was invited to the autopsy suite to observe one day and watched how the doctor determined cause of death. It was amazing to me how much information can be revealed," she said. "I looked up a career in medicine right after that."

Following graduation, French worked for the Institute of Aboriginal Peoples' Health, part of the Canadian Institutes of Health Research (CIHR) in Ottawa.

She went on to complete a master's degree at Cardiff University in Wales, UK, before entering Schulich Medicine in 2013. She filled one of three seats the School reserves for First Nations, Métis or Inuit students in each year of the MD program.

"I like the structured approach to the School's program," she said. "There's a lot to learn in medicine, but the courses and electives make it all very interesting and motivating."

Being a part of Schulich Medicine remains a source of pride for the 28-year-old. "There's always been a part of me that wanted to prove I could do this," she said. "Being in medical school is a big accomplishment, and I'm excited that this is where my path has taken me."

An interest in forensics continues to influence and inform French's future. With graduation approaching, the fourth-year-student is looking to specialize in forensic pathology and eventually return to Alberta to work as a medical examiner.

"From personal experience, it means a lot to families to have some answers when a loved one dies suddenly," she said. "I'd like to be able to help people in that way."

Throughout her studies, French has received considerable support from her First Nations community in British Columbia. "They are always there to keep me going and encourage me," she said.

She is now committed to giving back, and is particularly interested in helping raise awareness about missing and murdered Indigenous women and girls in Canada.

"We're more likely to go missing, more likely to meet a terrible fate just because of who we are," she said. "It's something that affects many Indigenous communities and I'd like to be able to help when I'm in a position to be able to add my voice."

For French, inner strength and resilience have been constant companions on the path to medical school and beyond. "I always try to have a positive outlook," she said. "I was once cautioned about being looked down upon because of the negative stereotypes associated with Aboriginal people, but I've found it to be a very different experience. There's a lot of help and support if you're willing to try. My parents and my community laid a lot of the groundwork for me to dream big, and I want that to be the same experience for future generations."

*Shaikh Ubedur Rehman*  
(NEWSCASTER)

Ref: [https://www.schulich.uwo.ca/about/news/2016/december/feature\\_article\\_finding\\_inspiration\\_in\\_education.html](https://www.schulich.uwo.ca/about/news/2016/december/feature_article_finding_inspiration_in_education.html)

## MEDIA

### INDIA IMPLEMENTS STRICT NEW RULES FOR ENFORCEMENT ACTION FOR SOCIAL MEDIA PLATFORMS



This could put a spanner in the growth strategies of the tech giants in India. Today, the Indian Government has unveiled a new set of enforcement requirements for social media platforms, which will set tougher response times, and require local teams, among other parameters. As reported by TechCrunch, Indian authorities will now require that: Social platforms acknowledge takedown requests of unlawful, misinformation and/or violent content within 24 hours. Platforms will need to deliver full action and response to any such requests in within 15 days. In cases involving explicit sexual content, platforms will be required to remove the content within 24 hours. Platforms will also need to disclose the originator of objectionable content (WhatsApp has previously noted that its encryption processes will not be able to accommodate this). In addition to this, the platforms will also need to appoint compliance officers, whose details will be registered with authorities, while each company will also need to set up a local office in India to establish direct connection.

The platforms will also be required to offer a voluntary option to users who wish to verify their accounts. Meeting all of these requirements could pose challenges for the social media giants, which have been hesitant to commit to such targets in the past. But as India has already shown in many cases, failure to comply can quickly lead to a full ban in the nation, and a loss of connection with its 1.4 billion citizens. TikTok felt the brunt of this last year, when it lost its largest user region overnight due to ongoing disputes between Indian and Chinese authorities. That saw the platform drop by 200 million active users immediately, while more recently Twitter has also faced a potential ban in India over its refusal to comply with requests to take down content related to recent protests. Facebook has also had its share of public issues in India, with its top executive in the region filing a criminal complaint against a journalist last year over an article that criticized alleged selective enforcement of Facebook's hate-speech policies. Each of these cases has played some role in establishing India's new rules, which, as noted, will add increased friction in their respective efforts to expand in the nation, and capitalize on India's emerging reliance on technology. Indeed, both Twitter and Facebook are seeing significant growth in India, and both have put increased emphasis on the market as a key element in their ongoing growth projections. Just today, Twitter unveiled its plans to double its revenue by 2023, highlighting its 74% usage growth in India as a key element within this projection. Facebook, meanwhile, is looking to covert WhatsApp, the most popular messaging app in the nation, into a key connective tool for a wide range of day-to-day activities. If it's successful, that could make India the key market for Facebook's future growth, and it's already invested billions into further building its presence in the local industry.

For the most part, it's not impossible for the platforms to meet these new targets, but it will require more investment, which, given their rising reliance on the market, they'll no doubt make. But that could also slow their growth momentum, depending on what's required. It could also, as noted, make things complicated for WhatsApp, which recently saw significant backlash among Indian users as a result of its proposed data-sharing changes that would see information about business exchanges within the app shared with parent company Facebook. Other nations will also be watching on to see how the platforms respond to the increased regulation. Various regions are looking to implement their own parameters on how tech firms can operate, and the Indian model could provide some more lessons in developing those plans. This, combined with the Australian Government's recent push to make platforms pay for news content, will help shape more policy approaches, which could, eventually, lead to more uniform rules for social platforms around the world. But we're not there yet, and you can expect India's plan to see challenges. How that impacts each case will be an important element to watch.

Vishaka Ipte

REF: - <https://www.socialmediatoday.com/news/india-implements-strict-new-rules-for-enforcement-action-from-social-media/595751/>

### SNAPCHAT LAUNCHES TEST OF DARK MODE WITH SMALL PERCENTAGE OF USERS



This will be welcome news to dark mode enthusiasts.

This week, Snapchat has confirmed that its testing a new dark mode option with a small percentage of users, moving into line with almost every other app that now has a low light option.

For those that have the dark mode option available, there's a new 'App appearance' section within your app settings. There, you can select whether you want your app to align with your device settings (switching to dark mode at a certain time of day), or revert to dark mode all the time for Snapchat.

It's not widely available, so you likely won't see it yet. But the fact that it's now moved into the live test phase would suggest that it is coming soon, with a broader roll out seemingly on the cards in the near future. Snapchat has confirmed to SMT that the initial, limited test is now live.

As noted, Snapchat is one of the last major social apps to add dark mode, with most apps making the option available following updates to iOS 13 and Android 10 respectively to better facilitate dark mode switching. Facebook has now added dark mode options to all of its apps, while Twitter, Pinterest, TikTok and Reddit also provide dark mode toggles. LinkedIn's dark mode option is also in development.

Dark mode options have a passionate fandom, with some users very keen on the alternative colour palates.

It's sort of like finding a shiny Pokémon, with a totally different version of the original that adds something new, a different perspective on your favourite apps.

Dark mode options do also serve a functional purpose, in that they limit the use of blue light. Blue light is designed to improve device readability in daylight, but in low-light situations, blue light can actually cause your brain to stop producing melatonin. That can lead to disrupted sleep cycles, making it harder to fall and stay asleep.

And with so many of us now checking our phones in bed before retiring for the night, this is a significant concern - in fact, research shows that, since 1985, the percentage of adults who are getting less than six hours sleep per night has increased by 31%. As such, this is a good addition for Snapchat. We'll share any news on a broader rollout of the update as it becomes available.

~ Vedang Khopkar

Ref: [socialmediatoday.com](https://www.socialmediatoday.com)

## ARTS & HISTORY

### HUNDRED YEARS' WAR



The fact that feeding is an intrinsic human routine emphasizes the power of dietary factors to modulate mental health not only at the individual level, but also at the collective, population-wide level. Here I discuss the effects of both internal signals that are associated with feeding and dietary factors on cell metabolism, synaptic plasticity and mental function.

Throughout I use the term cognition from a neurobiological perspective, to refer to the mental processes that are involved in acquiring knowledge and to the integration of these processes into the conscious aspect of emotions, which influences mood and has psychiatric manifestations.

The name the Hundred Years' War has been used by historians since the beginning of the nineteenth century to describe the long conflict that pitted the kings and kingdoms of France and England against each other from 1337 to 1453. Two factors lay at the origin of the conflict: first, the status of the duchy of Guyenne (or Aquitaine)-though it belonged to the kings of England, it remained a fief of the French crown, and the kings of England wanted independent possession; second, as the closest relatives of the last direct Capetian king (Charles IV, who had died in 1328), the kings of England from 1337 claimed the crown of France.

Theoretically, the French kings, possessing the financial and military resources of the most populous and powerful state in western Europe, held the advantage over the smaller, more sparsely populated English kingdom. However, the expeditionary English army, well disciplined and successfully using their longbows to stop cavalry charges, proved repeatedly victorious over much larger French forces: significant victories occurred by sea at Sluys (1340), and by land at Crecy (1346) and Poitiers (1356). In 1360, King John of France, in order to save his title, was forced to accept the Treaty of Calais, which granted complete independence to the duchy of Guyenne, now considerably enlarged to include almost a third of France. However, his son Charles V, with the help of his commander in chief Bertrand du Guesclin, by 1380 had succeeded in reconquering almost all the ceded territory, notably by a series of sieges.

After a hiatus, Henry V of England renewed the war and proved victorious at Agincourt (1415), conquered Normandy (1417-1418), and then attempted to have himself crowned as the future king of France by the Treaty of Troyes (1420). But his military successes were not matched by political successes: although allied with the dukes of Burgundy, the majority of the French refused English dominance. Thanks to Joan of Arc, the siege of Orleans was lifted (1429).

*Swarangi Raorane  
(Newscaster)  
Ref: Wikipedia.In*

### LITERATURE

Literature is a  
comprehensive essence  
of the intellectual life of  
a nation

William Shakespeare  
PICTUREQUOTES.COM

Literature broadly is any collection of written work, but it is also used more narrowly for writings specifically considered to be an art form, especially prose fiction, drama, and poetry. In recent centuries, the definition has expanded to include oral literature, much of which has been transcribed. Literature is a method of recording, preserving, and transmitting knowledge and entertainment.

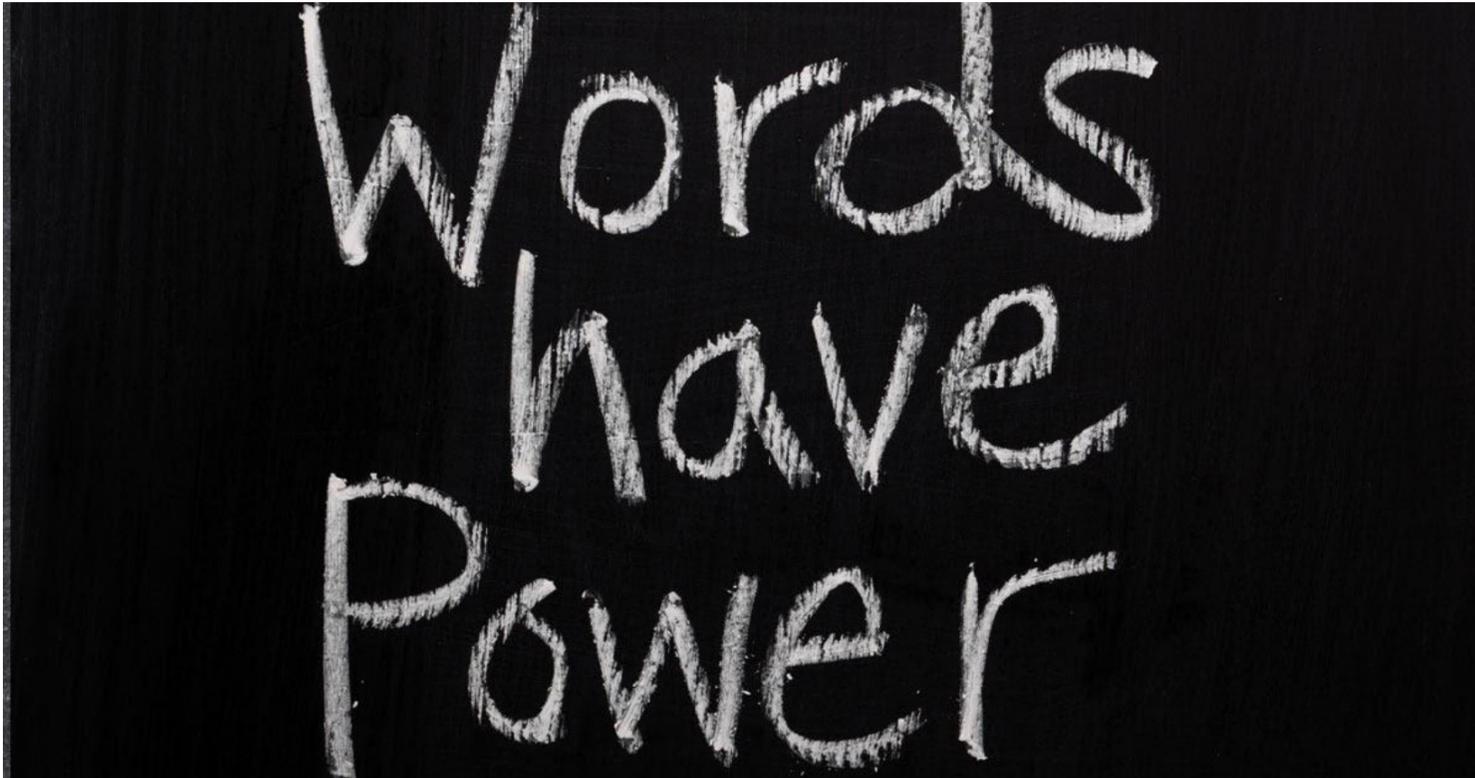
Literature, as an art form, can also include works in various non-fiction genres, such as autobiography, diaries, memoir, letters, and the essay. Within its broad definition, literature includes non-fictional books, articles or other printed information on a particular subject.

Etymologically, the term derives from Latin *litteratura/literatura* "learning, a writing, grammar," originally "writing formed with letters," from *littera/littera* "letter".[6] In spite of this, the term has also been applied to spoken or sung texts. Developments in print technology have allowed an ever-growing distribution and proliferation of written works, which now includes electronic literature.

Literature is classified according to whether it is poetry, prose or drama, and such works are categorized according to historical periods, or their adherence to certain aesthetic features, or genre.

The Judeo-Christian Bible reveals its oral traditional roots; medieval European manuscripts are penned by performing scribes; geometric vases from archaic Greece mirror Homer's oral style. (...) Indeed, if these final decades of the millennium have taught us anything, it must be that oral tradition never was the other we accused it of being; it never was the primitive, preliminary technology of communication we thought it to be. Rather, if the whole truth is told, oral tradition stands out as the single most dominant communicative technology of our species as both a historical fact and, in many areas still, a contemporary reality.

*Swarangi Raorane  
(Newscaster)  
Ref: Wikipedia.In*

**LIBRARY****IMPACT OF WORDS ON HUMAN LIFE**

Do you know of those people who fly off the handle without stopping to think about the consequences of what they're saying? Someone who just reacts to something someone said or did and starts attacking that person with cruel accusations? The damage could be so profound, it will forever sever the relationship. In business, this could forever impact a career in a negative way.

You've probably observed this in others many times. Maybe even in yourself. Whether it's at work, with friends or in some type of social situation, many people speak their minds before thinking. There are many who "fly off the handle" and don't stop to think about the repercussions of their words. I cringe when this happens because I know people are going to get hurt, and later on people will be sorry for what they said. But the damage is done.

How important are words and speaking to business leaders? Leaders should think about words as being so powerful that they might be the main reason a leader will succeed or fail. Sure, a leader who doesn't choose his words carefully may succeed to some degree, but the truly great leaders are great orators, as well.

Think about one of the greats: President John F. Kennedy, inaugurated on Jan. 20, 1960. He is known for his famous line: "And so, my fellow Americans, ask not what your country can do for you, ask what you can do for your country." Within the words we speak is an emotional potency. Each word that we use can have a colossal impact. A word from a manager or boss, may, at first glance, seem inconsequential. But never think of words as inconsequential. Instead, think of them as powerful. Words can build up or tear down. They can motivate or discourage. Words influence others and build relationships at work and personally. They can tear down relationships. Simply put, language holds massive, colossal power to manifest change, whether it's good or bad.

We can take this a step further and say: "Speak every word you say in life as though it were your last."

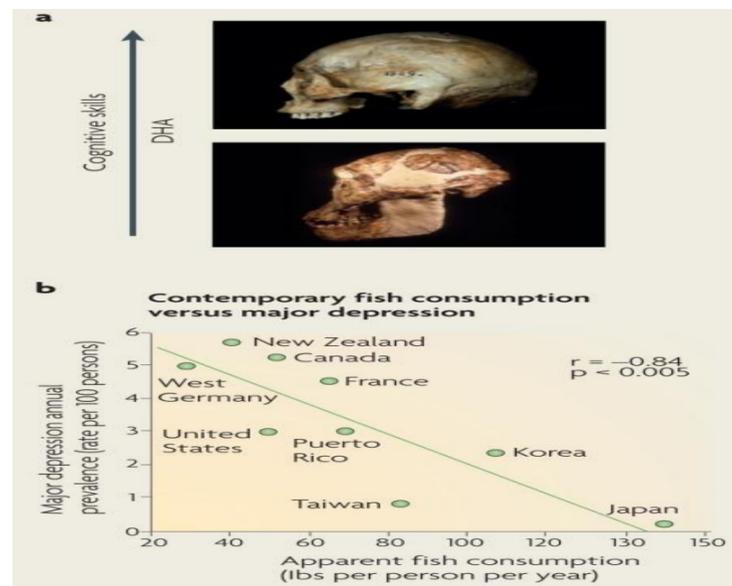
Sometimes, it might be best to not say anything at all. I was always told that if you can't say something nice, don't say anything. As Benjamin Franklin said, "Remember not only to say the right thing in the right place, but far more difficult still, to leave unsaid the wrong thing at the tempting moment."

Choose the words that you speak very carefully because they have the potential of accomplishing nearly anything or destroying nearly anything. Just one negative comment can ruin a person's day. A few might even ruin the person's life. On the flip side, one positive and encouraging comment can be just enough to increase employee engagement, create healthier cultures and make more of a difference in an individual's life than you will ever know. We tend to overlook the small things in life.

The way you speak -- the attitude and tone -- reflects the person you are and impacts everything around you. It can greatly contribute to your success or "non-success" both in business and your personal life. So next time, think before you speak. It will make all the difference.

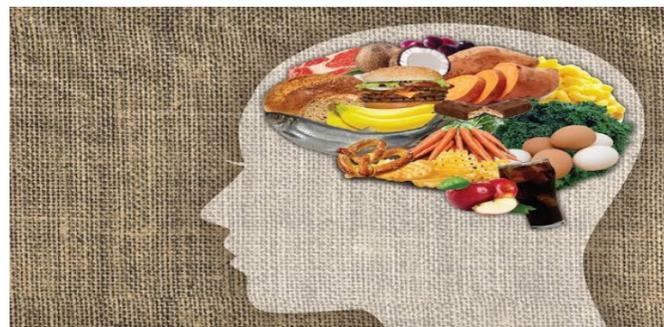
*Siddhi Karekar*  
(Newscaster)

Ref - <https://www.entrepreneur.com/article/251290>

**FOOD & HEALTHCARE****BRAIN FOODS: THE EFFECTS OF NUTRIENTS ON BRAIN FUNCTION**

It has long been suspected that the relative abundance of specific nutrients can affect cognitive processes and emotions. Newly described influences of dietary factors on neuronal function and synaptic plasticity have revealed some of the vital mechanisms that are responsible for the action of diet on brain health and mental function. Several gut hormones that can enter the brain, or that are produced in the brain itself, influence cognitive ability. In addition, well-established regulators of synaptic plasticity, such as brain-derived neurotrophic factor, can function as metabolic modulators, responding to peripheral signals such as food intake. Understanding the molecular basis of the effects of food on cognition will help us to determine how best to manipulate diet in order to increase the resistance of neurons to insults and promote mental fitness.

Although food has classically been perceived as a means to provide energy and building material to the body, its ability to prevent and protect against diseases is starting to be recognized. In particular, research over the past 5 years has provided exciting evidence for the influence of dietary factors on specific molecular systems and mechanisms that maintain mental function. For instance, a diet that is rich in omega-3 fatty acids is garnering appreciation for supporting cognitive processes in humans and upregulating genes that are important for maintaining synaptic function and plasticity in rodents. In turn, diets that are high in saturated fat are becoming notorious for reducing molecular substrates that support cognitive processing and increasing the risk of neurological dysfunction in both humans and animals. Although these studies emphasize an important effect of food on the brain, further work is necessary to determine the mechanisms of action and the conditions for therapeutic applications in humans.



The fact that feeding is an intrinsic human routine emphasizes the power of dietary factors to modulate mental health not only at the individual level, but also at the collective, population-wide level. Here I discuss the effects of both internal signals that are associated with feeding and dietary factors on cell metabolism, synaptic plasticity and mental function.

Throughout I use the term cognition from a neurobiological perspective, to refer to the mental processes that are involved in acquiring knowledge and to the integration of these processes into the conscious aspect of emotions, which influences mood and has psychiatric manifestations.

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*Seema Samanta*

*(Newscaster)*

Ref: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC2805706/>

## CULTURE & CUISINE

### THE BEST CHEESE DISHES GLOBALLY YOU NEED TO TRY

#### • FONDUE – SWITZERLAND



Fondue is the national dish of Switzerland and for good reason. This dish contains a luxury assortment of melted alpine cheeses such as Gruyere and Emmental, white wine, garlic and sometimes Kirsch for an added kick! These are mixed together in a pot to create a thick, cheesy and hot mixture of goodness for dipping. Typically, this is eaten communally with guests dipping rustic bread in. As is tradition in many parts, it is important not to drop your bread in the pot! If a man is to drop his bread in the pot, he must buy a round of drinks. If it is a woman, then she must kiss the nearest person.

#### • POUTINE- CANADA



Poutine originates from the Canadian province of Quebec. It would be the best known dish out of Quebec and arguably from Canada. Any dish that involves fries, cheese and gravy is worth a try. Especially when they use cheese curds, which really sets it apart. What seems like a fairly simple dish is actually judged quite closely. From the crispness to the fries, the freshness of the curds (or if real curds are used at all) and the flavour of the gravy, the best poutine is hotly contested. A must try when in Quebec and one of the best cheese dishes around.

#### • BAKED MAC AND CHEESE – UK/AMERICA



Made popular from the USA, this dish is now a staple in households across the world. Pillow like elbow pasta, mixed with various cheeses is something that is hard to dislike. Although most of you have likely tried Mac and cheese, you will find there is quite a variance between versions. Everyone has their favourite but a baked Mac and cheese is hard to beat. Both creamy and cheesy with a crunchy top, this is perhaps the ultimate indulgence. Add extra cheese to the crunchy top and it makes it arguably the best Mac and cheese in the world.

#### • KHACHAPURI – GEORGIA

The national dish of Georgia, the price of making this dish is actually used as a measure of inflation between different cities in Georgia. You know a dish must be good when it has its own index for inflation, rather than using a complex measure of various consumer goods. Khachapuri is made with leavened dough into a long boat like shape. This vessel typically houses cheese as well as an egg that is cooked to be still runny. Once the egg is broken it blends with the cheese creating a luscious sauce, ideal for dipping pieces of the dough into.

#### • QUESO FUNDIDO- MEXICO

A bubbling pot of flavourful molten cheese with spicy chorizo mixed in. Often eaten at steakhouses or at bbqs, this is a great side dish for any gathering. Originally from Northern Mexico, it was typically eaten as a campfire dish but is now seen throughout Northern Mexico and parts of the USA. This dish can also be served as Queso Flameado, where rum or brandy is poured on top and it is lit on fire at your table. A must see sight!

#### • CROQUE MADAME – FRANCE

Most of us have had some form of toasted sandwich. Some may have grown up with the basic form. Cheap bread, plastic cheese and perhaps a bit of tomato or ham. The Croque Madame is what happens when the French attempt a toastie. No cheap bread or cheese. No, the Croque Madame uses quality Gruyere cheese, good quality ham, sourdough bread and a bechamel sauce. If that wasn't enough, they top it off with a runny egg giving the Croque Madame.

#### • PALAK PANEER -INDIA

We head across to India for the next dish that features paneer cheese (a type of cottage cheese). This is mixed with pureed spinach and seasoned with traditional Indian spices. This is quite possibly the most popular vegetarian dish to come out of India and for good reason.

#### • MEXICAN CHEESE BURGER- MEXICO/AUSTRALIA

This is an original dish from A Taste of Abroad, so it is technically from Australia. However, elements of this dish have Mexican origins. The burger is made with a beef mince patty that is then topped with Guacamole, corn chips and toasted buns. A spiced cheese dip is made and the dip can be poured over the burger or you can even dip the burger into the dip! Simply one of the best cheese dishes I have made.

#### • PANZAROTTI – ITALY

For anyone that is a fan of calzones or pizza, these Panzarotti are a must try. Similar to a calzone they have all the benefits of a normal calzone, plus an extra crispy fried crust. Typically filled with tomato and Morzerella, other toppings can be added as desired. Make this one and it will soon be added to your list of best cheese dishes to make.

-Rashi Walinjar

(NEWSCASTER)

Ref.: <https://atasteofabroad.com/21-of-the-best-cheese-dishes-globally-you-need-to-try/>

## TRAVEL & TOURISM

### "A TIMELESS CHARM"- VIETNAM

#### INTRODUCTION :-

Vietnam in south-eastern Asia is arguably one of the most beautiful countries on the continent. Known for its natural beauty and abundance of natural attractions such as the vast paddy fields, limestone islands in Halong Bay or the massive cave system in Phong Nha Ke Bang National Park, the country provides quite an unmatched experience. On the other hand, moulded by its turbulent and war-torn history, Vietnam today is a distant shadow of its past with the cities and towns brimming with tall and looming skyscrapers, quaint floating markets and mopeds zooming through the roads. Add to that the ever-delightful authentic Vietnamese cuisine which is fast gaining popularity around the world and you have a wholesome experience like no other.

#### HOW TO REACH?

##### Reaching Vietnam by Air:

Vietnam is home to five active international airports -

Hanoi (Noi Bai International Airport)

Da Nang (Danang International Airport)

Ho Chi Minh City (Tan Son Nhat International Airport)

One can easily reach the country from any part of the world through regular connected flights to these international airports. Vietnam Airlines is the country's official airline.

##### Reaching Vietnam by Bus:

There are regular bus services back and forth from Laos and Cambodia to Vietnam. However, make sure to have a valid visa before entering Vietnam, as visas are not issued at the border.

##### Reaching Vietnam by Rail:

One can reach Vietnam by rail only from Nanning and Beijing, China. The Nanning Express stops in Hanoi, the capital city of the country at Gia Lam station. However, a trip through train is only advised when one is travelling to the northern part of the country, as the travel is not one of the most pleasing experiences owing to the slow speed of the train.

##### Reaching Vietnam by Road:

Vietnam can be travelled to from any of the bordering Indochina countries. Keep in mind that proper documents must be presented to the border officials and no visa is issued at the border.

##### Reaching Vietnam by Water:

To reach Vietnam by sea, there are two ways of entering the country from Cambodia via Mekong Delta, which are by ferry service or a cruise.

#### WHY TO VISIT VIETNAM ?

With its dramatic landscapes, fascinating history, epic food and pulsating energy, Vietnam will electrify all of your senses and seize you from all angles. Vietnam is at once crazy and serene, thrilling and relaxing.

#### PLACES TO VISIT

- Halong Bay
- Phong Nha Ke-Bang National Park
- Hue
- Da Nang
- Sapa



*Tanvi Kendule  
(Newscaster)*

Reference :- [www.holidify.com](http://www.holidify.com)

### "SECOND HIGHEST WATERFALL IN INDIA"

#### JOG FALLS TOURISM :-

The second-highest plunge waterfall in India, Jog Falls is a major tourist attraction in Karnataka and is the highest waterfall in the state. Second, to the Nohkalikai Falls of Meghalaya, Jog falls drops about a huge 253 m (850 ft. ) in a single fall. However, due to the construction of Linganamakki Dam which is a hydroelectricity plant closeby, the flow in the falls is hugely restricted before monsoons. So, it is best to go during the Monsoon season to see the falls in its full form. Jog Falls is a 2 hours drive from the main Shimoga city. Also known as Gerosappa Falls or the Joga Falls, this seasonal waterfall is broken into four segments - Raja, Roarer, Rocket and Rani. They're named based on certain characteristics of the streams. Raja is an unbroken stream, Roarer is a strong and violent current that gushes down to meet the Raja stream, Rocket flows down in different jets and Rani is a quiet stream with falls in foam. Next time you visit, try identifying the streams!

What is the best time to visit Jog Falls?

Summers in Jog Falls is extremely hot, while the monsoons are the best to visit this beauty. Winters are also a great time to visit this place, with temperature conditions that are perfect for outdoor activities. Since Jog Falls is a seasonal waterfall, the best time to experience the Falls in its natural shade is the monsoons. Though the place is popular for winter picnics and outings, the beauty of the waterfall is suppressed due to the lack of rains in winter as well as summer. The magnificence of this glorious waterfall is unmatched, and it is safe to say that it provides a sense of serenity that can hardly be found anywhere else.

*Rhea Devadiga  
Newscaster*

Ref : [www.holidify.com](http://www.holidify.com)

## SPORTS

### SPORTS: SOCCER

The sport of soccer (called football in most of the world) is considered to be the world's most popular sport. In soccer there are two teams of eleven players. Soccer is played on a large grass field with a goal at each end. The object of the game is to get the soccer ball into the opposing team's goal. The key to soccer is that, with the exception of the goalie, players cannot touch the ball with their hands, they can only kick, knee, or head the ball to advance it or score a goal. Soccer is played at all levels throughout the world from small kids leagues to professional and international teams. Perhaps the most famous soccer tournament is the World Cup. Held every four years, the World Cup is a soccer competition among countries and is one of the most watched events in the world. One of the reasons soccer is so popular is that it really only takes a ball and a flat open area to play. Kids throughout the world will make up fields and goals just about anywhere and start playing the game. The game is also fun and competitive. Soccer is a great form of exercise as there is lots of running for good distances. The sport is also a good test of dexterity and a great way to learn balance. Many people consider soccer at its highest level to be so beautiful as to be practically an art form. Soccer Game Types Association Football. National Team Play and FIFA World Cup.

Futsal.

Beach Soccer.

Street Soccer.

Indoor Soccer.

Freestyle Soccer



Some balls use carbon-latex bladders in which the carbon powder helps to close the micro pores. Soccer balls with carbon latex bladders usually increase air retention to approximately one week.

*Prachi Chaudhari*  
Newscaster

Ref: <https://www.ducksters.com/sports/soccer.php>

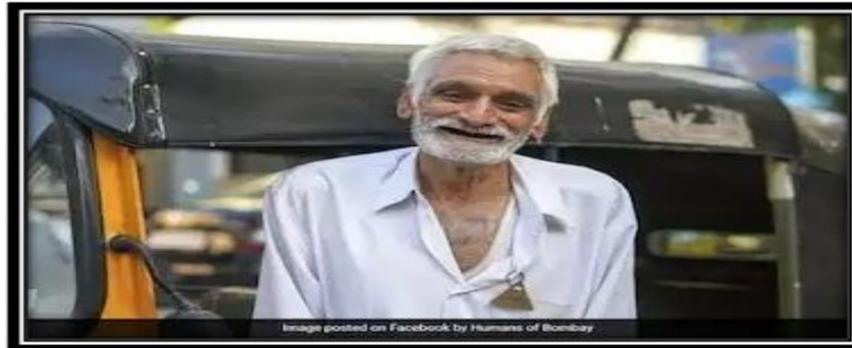
### BOXING SPORT



Boxing has been contested at every Summer Olympic Games since its introduction to the program at the 1904 Summer Olympics, except for the 1912 Summer Olympics in Stockholm, because Swedish law banned the sport at the time. ... Since the 2012 Summer Olympics, women's boxing is part of the program. IN THE BEGINNING The earliest evidence of boxing dates back to Egypt around 3000 BC. The sport was introduced to the ancient Olympic Games by the Greeks in the late 7th century BC, when soft leather thongs were used to bind boxers' hands and forearms for protection. ROMAN DEVELOPMENTS Later, in Rome, leather thongs were exchanged for the cestus – a glove studded with metal. Unfortunately this did not help the gladiators involved, as boxing matches of the era usually ended with the death of one or other contestant. AMATEUR BOXING With the fall of the Roman Empire, boxing came to an abrupt end. It resurfaced in 17th century England, and organised amateur boxing officially began in 1880. Originally only five weight classes were contested: Bantam, not exceeding 54 kilos; Feather, not exceeding 57 kilos; Light, not exceeding 63.5 kilos; Middle, not exceeding 73 kilos; and Heavy, any weight. OLYMPIC HISTORY When boxing made its Olympic debut at the 1904 Games in St Louis, it was the USA, the only country entered, which took all the medals. Later, the Americans continued to dominate boxing, winning 109 medals (including 48 gold) out of the 842 up for grabs, closely followed by the Cubans and Russians. Since its inclusion in the Olympic programme, boxing has been staged at each edition of the Games, except in 1912 in Stockholm, owing to Swedish law, which forbade the practice. The rules have evolved since the 1980s: 1984 in Los Angeles: protective helmet obligatory; 1992 in Barcelona: set-up of an electronic scoring system to strengthen the objectivity of refereeing; 2007: standardised point scoring. Women's boxing will make its debut at the 2012 London Games in London. The current 11 men's events will be replaced by 10 men's and 3 women's events. Olympic boxing rules The essence of boxing is simple – to try and land punches on the opponent's head or torso by using the knuckle area of the fist whilst dodging the opponent's hits. A boxer scores points from every successful hit they land. Boxers wear protective gloves to avoid injuries and hitting the opponent anywhere below the belt or on the back of the head are prohibited. An Olympic boxing bout, for both men and women, comprises three rounds of three minutes each. Each round is separated by a one-minute break. Boxers can win a match by any of the following methods.

*Arya Gadade*  
(Newscaster)

Reference:-[www.olympicchannel.com](http://www.olympicchannel.com)

**SOCIAL ISSUES****MUMBAI RICKSHAW DRIVER SOLD HIS HOUSE, SLEPT IN HIS AUTO****Offers of help have poured in for an auto driver from Mumbai.**

Help has been pouring in for an auto rickshaw driver in Mumbai whose heart-wrenching story was shared by 'HUMANS OF BOMBAY'.

In interview with 'Humans of Bombay', Mr Desraj revealed after losing both his sons, it was the responsibility of providing for his grandchildren and daughters-in-law that gave him strength to keep going.

Six years ago, my oldest son disappeared from home; he left for work as usual but never returned," said Mr Desraj, who plies his auto near Khar in Mumbai.

His son's body was found a week later. He had died at the age of 40, but his elderly father did not even get the time to mourn him. "A part of me died with him, but burdened by responsibilities, I didn't even have the time to mourn - the next day, I was back on the road, driving my auto," said Mr Desraj.

Two years later, he lost his other son to suicide.

"It was the responsibility of my daughter-in-law and their four children that kept me going," says Mr Desraj.

When his granddaughter, then in Class 9, asked if she would have to quit school, Mr Desraj assured her that she would be able to study as much as she wanted.

To earn for the family, he started working longer hours – leaving home at 6 AM and driving his auto till midnight to earn around Rs 10,000 a month. Of this amount, Rs 6,000 went into paying for the education of his grandchildren, leaving Rs 4,000 to feed a family of seven.

"On most days, we'd barely have anything to eat," says Mr Desraj.

However, he says, everything was worth it when his granddaughter scored 80 per cent in her Class 12 Board Exams. The whole day, he gave free rides to customers to celebrate her achievement.

But when his granddaughter said that she wanted to travel to Delhi for a B.Ed course, Mr Desraj knew he wouldn't be able to afford it.

"But I had to fulfill her dreams... at any cost. So, I sold our house and paid her fee," he says.

Mr Desraj's wife, daughters-in-law and other grandchildren were sent to a relative's home in their village, while he continues to drive his auto in Mumbai.

"It's been a year now and honestly, life's not bad-I eat and sleep in my auto and during the day, I ferry my passengers," he says.

Evidently a proud grandfather, he concluded his interview by saying that all his pains vanish when his granddaughter calls him to say that she stood first in her class.

"I can't wait for her to become a teacher, so that I can hug her and say, 'You've made me so proud.' She's going to be the first graduate in our family," says Mr Desraj - who has promised to give free rides to all his customers when the day comes.

Mr Desraj and his story has touched hearts on social media, where several people have offered to help him.

"Have a lump in my throat as I read this!! Such remarkable devotion and responsibility towards his family at his age, and such overwhelming generosity in offering free rides despite his economic condition," wrote one person in the comments section.

"I would love to donate to help him financially," another said.

A Facebook user named Gunjan Ratti started a fundraiser for Mr Desraj, which has raised more than Rs 5.3 lakh from 276 donors

*Sadashiv shringare*  
(Newscaster)

Ref:- <https://www.ndtv.com>

**STUDENT'S SECTION**

**RIDDLES:**

- 1.) I never was, am always to be. No one ever saw me, nor ever will. And yet I am the confidence of all, To live and breathe on this terrestrial ball. What am I?
- 2.) At night they come without being fetched. By day they are lost without being stolen. What are they?
- 3.) What is in seasons, seconds, centuries and minutes but not in decades, years or days?
- 4.) You throw away the outside and cook the inside. Then you eat the outside and throw away the inside. What did you eat?
- 5.) I know a word of letters three. Add two, and fewer there will be!
- 6.) I give you a group of three. One is sitting down, and will never get up. The second eats as much as is given to him, yet is always hungry. The third goes away and never returns. What are they?
- 7.) I drive men mad,  
For love of me, easily beaten, never free. What am I?
- 8.) I'm lighter than what I am made of and more of me is hidden than is seen. What am I?
- 9.) Walk on the living, they don't even mumble. Walk on the dead, they mutter and grumble. What are they?
- 10.) You heard me before, yet you hear me again. Then I die, 'till you call me again.

**SAHIL SINGARKAR  
(NEWSCASTER)**

REF :- [www.greetinncardpoet.com](http://www.greetinncardpoet.com)

**FUN FACTS**

1. McDonald's once made bubblegum-flavored broccoli.
2. A cow-bison hybrid is called a "beefalo"
3. Scotland has 421 words for "snow"
4. Samsung tests phone durability with a butt-shaped robot
5. Peanuts aren't technically nuts

**SAHIL SINGARKAR  
(NEWSCASTER)**  
REF :- [www.rd.com](http://www.rd.com)

**WORDS SEARCH PUZZLE**

**WILD WEST WORD SEARCH PUZZLE**



- |               |             |             |            |
|---------------|-------------|-------------|------------|
| BANK HEIST    | FRONTIER    | MERCANTILE  | STAGECOACH |
| BILLY THE KID | GOLD RUSH   | RAILROAD    | TOMBSTONE  |
| COWBOYS       | GUNFIGHT    | SALOON      | WAGON      |
| DANIEL BOONE  | HORSES      | SHERIFF     | WILD BILL  |
| DODGE CITY    | JESSE JAMES | SIX-SHOOTER | WYATT EARP |

**SARTHAK PATIL  
(NEWSCASTER)**

REF :-

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**SARTHAK PATIL  
(NEWSCASTER)**

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**ART BY STUDENT**



**JANVI SANJAY NARVEKAR  
FYBMS**

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